



Purpose

Women empowering women to be free from family violence.

Values

Mana wāhine
Empowering all women.
Mana motuhake
Control over one's own destiny.
Pono
Respect.
Whanaungatanga
Connection through shared experiences.

Contact Us



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innercitywomensgroup.org.nz



Facebook: Inner City Women's Group | Auckland

Instagram: @innercitywomensgroupnz

Between Mother and Child

Parenting in the
context of domestic
violence

QR Code

SCAN ME



Other Programmes

- Reclaiming Myself
- Breaking the Cycle
- IRATE- Women and Anger
- PAVE (self-referrals unavailable)

About the Programme

Purpose

Being a mother is one of the most challenging roles we have. Being a mother when you are experiencing domestic violence makes that role even more challenging.

This programme will bring understanding to what is happening between you and your child and to learn new skills to rebuild and maintain a close, secure relationship with your child.

Content

- What is a 'good enough' mother?
- Past to present - what you learnt about parenting
- Effects of domestic violence on children
- Effects of domestic violence on you, as a mother
- What is good discipline
- How to support a child that has witnessed domestic violence
- Anger
- Everyday essentials
- Moving forward - where to from here

Outcomes

This programme will help you to feel more confident and successful as a parent. It will support you in developing a healthier, more enjoyable relationship with your child.

More Details

Duration

EIGHT WEEKS

Times

MORNING, AFTERNOON OR EVENING
(MONDAY TO FRIDAY)

Locations

GREY LYNN
PAPATOETOE

Donations

All donations are welcome. These support us to continue delivering services for women.

ICWG offers flexibility on times, locations and group sizes for our programmes. Call us to discuss your options!